

DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

STARTERS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
SOUP	X	X C				X C	X C							
CAMEMBERT		X				X	X		X					XC
MUSHROOMS		X				X C			X C					
PORK BITES		X												
SALMON PLATTER		X C			X	X C			X C					X C
C= CAN BE CHANGED														
X= INGREDIENTS IN DISH														

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MAINS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
SALMON	X	X			X		X							X
COD & CHIPS		X			X	X	X C		X C					
MUSSELS							X	X						X
QUICHE		X		X		X	X		X C	X				
VEG CURRY										X				X C
PIE		X		X		X	X							
														X
							X							
LAMB SHOULDER	X	X					X							X
GAMMON	X	X					X							X
PORK RIBS	X	X					X							X
RIB - EYE	X C	X C					X C		X C					
														X
									X					X C
SMASH BURGER		X C		X C			X C		X C					
CHICKEN BURGER		X		X C			X C		X C					
HALLOUMI BURGER		X		X C			X C		X C					

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DESSERTS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
BRULEE				X			X							
STICKY TOFFEE		X		X			X							
BROWNIE		X		X			X			X			X	
CRUMBLE		X		X C			X							
ALMOND TART		X		X			X			X				