

DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

STARTERS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
SOUP		X C					X							
CAMEMBERT		X					X		X					
MUSHROOMS		X												
PORK CHEEKS		X					X							
SALMON PLATTER		X C		X	X				X C					X C
SQUID		X		X	X			X						X
X= INGREDIENTS IN DISH														
C= CAN BE CHANGED														

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MAINS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
SKATE					X		X							
COD & CHIPS		X			X	X	X C		X C					
MUSSELS							X	X						X
QUICHE		X		X		X	X		X C	X				
VEG CURRY										X				X
PIE		X		X		X	X							
CHICKEN MILANESE		X					X							
							X							
LAMB	X	X					X							X
GAMMON	X	X					X							X
PORK BELLY	X	X					X							X
RIB - EYE	X C	X C					X C		X C					
									X					X
														X C
SMASH BURGER		X C		X C			X C		X					
CHICKEN BURGER		X		X C			X C							
HALLOUMI BURGER		X		X C			X C							

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DESSERTS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
BRULEE				X			X							
ETON MESS				X			X							
BLONDIE		X		X			X						X	
CRUMBLE		X		X C			X							
ALMOND TART		X		X			X			X				