

Dishes and their allergens

	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Starters														
Smoked salmon		x			x				x					x
Mackerel		x			x		x							
Soup of the day	x	x	x		x		x							x
Terrine		x					x						x	x
Cauliflower				x					x			x		
Mains														
Hake	x	x		x	x				x					x
Cod & chips					x		x							
Moules							x	x						
Cobb salad	x	x		x			x		x					
Quiche		x		x			x							x
Pork chop	x						x							x
Ploughmans		x		x			x							x
Chicken & leek pie		x		x										
Gammon				x										x
Bavette							x		x					
Ribeye		x												
Pepper corn sauce		x												
Garlic butter							x							
Lamb shoulder	x	x					x							x
Smash burger	x	x		x			x					x		
Moving Mountain burger														
Chicken burger	x	x		x			x					x		
Seasonal veg							x							
chips														
mash							x							
house salad														
new potatoes							x							
coleslaw				x					x					x
onion rings		x												
bread		x												
Roasts	x	x		x			x							x
Nut roast		x		x			x			x				
Sausages														
Lamb stew														
Ploughmans														
Sandwiches														
smoked salmon		x			x	x	x							
cheddar cheese		x				x	x							
sausage		x					x	x						
ham		x				x	x							
prawn Marie rose		x	x			x	x							
Desserts														
Brulee				x			x							
Crumble		x		x			x							
Brownie		x		x			x						x	
Sticky toffee pud		x		x			x							
Pannacotta							x							
Raspberry sponge		x		x			x			x				

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REVIEWED BY: FH/KW