

# DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

STARTERS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
SOUP	X	X C				X C	X C							
CAMEMBERT		X				X	X		X					XC
MUSHROOMS		X				X C			X C					
PORK BITES		X					X					X		
SALMON PLATTER		X C			X	X C			X C					X C
SQUID		X		X	X			X						X
C= CAN BE CHANGED														
X= INGREDIENTS IN DISH														

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<b>MAINS</b>														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
<b>SALMON</b>	X	X			X		X							X
<b>COD &amp; CHIPS</b>		X			X	X	X C		X C					
<b>MUSSELS</b>							X	X						X
<b>QUICHE</b>		X		X		X	X		X C	X				
<b>VEG CURRY</b>										X				X C
<b>PIE</b>		X		X		X	X							
<b>LAMB CASSEROLE</b>	X	X					X							X
							X							
<b>MILANESE</b>		X					X							X
<b>GAMMON</b>	X	X					X							X
<b>PORK BELLY</b>	X	X					X							X
<b>RIB - EYE</b>	X C	X C					X C		X C					
									X					X
														X C
<b>SMASH BURGER</b>		X C		X C			X C		X C					
<b>CHICKEN BURGER</b>		X		X C			X C		X C					
<b>HALLOUMI BURGER</b>		X		X C			X C		X C					

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DESSERTS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
BRULEE				X			X							
STICKY TOFFEE		X		X			X							
BLONDIE		X		X			X			X			X	
CRUMBLE		X		X C			X							
ALMOND TART		X		X			X			X				